



The **PLAYBOOK** for **ENJOYING** **ADULTHOOD** **TOGETHER**



**An Activity-Filled Guide for
Adult Children and Their Parents**

NATHALIE PRÉZEAU



You're both adults now. Let's enjoy it.

The **PLAYBOOK** for **ENJOYING ADULthood TOGETHER** is filled with **210 activities** designed for **adult children and their parents (and any adult friends, honestly)** who want to get out of their routine, share new experiences and simply enjoy each other's company.

Organized around 14 areas of shared interest, from food, walking and culture to creativity, fashion, play and purpose, the activities are easy to adapt to **wherever you live**. Over 70% of the suggestions are free, most require little planning, and every activity comes with an optional detour that adds a fresh twist.

No big occasion required. No elaborate plans. Just plenty of reasons to say: "Oh, this sounds fun!"

You already love each other. Sometimes, all you need is something interesting, silly or simply different to do together!



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HOW TO USE THIS BOOK

Think of this book as a playbook of activities to help you approach ordinary moments with a little more curiosity, a little more silliness, and a willingness to simply show up together.

START BY STARTING

There is no right order. Browse the table of contents like a menu, flip through the pages, or simply open the book at random.

CHOOSE BY SHARED INTEREST

Each of the fourteen chapters is built around a shared interest. Which one has the most potential? Which activity seems just right when you think of your loved one? Don't overthink it. Most of us are simply waiting for someone to suggest doing something a little different.

HOW EACH ACTIVITY WORKS

Each activity follows the same format:

The teaser: the essence of the activity, to spark your curiosity.

The core description: how I suggest approaching it.

The takeaway: what I hope you'll experience.

Optional Detour: an extra suggestion if you'd like to take the experience a little further.

MARK YOUR FAVOURITES

Take note whenever you catch yourself thinking, "That sounds fun!" Personally, I write directly in my books (I know... heresy!), but Post-it notes work just as well. You could even jot down the name of the perfect partner in crime beside each activity.

MAKE THE SUGGESTION

Be the initiator and invite someone you love to try an activity with you. You could also flip through the book together and see what catches your attention.

ONE ACTIVITY IS ENOUGH

This isn't a checklist. There's no point in turning it into a guilt trip because you can't

find the time to try activities regularly. I've gathered hundreds of ideas so you can find the one that's right for you today. If this book inspires even one memorable experience, then it has done its job.

ADAPT AWAY

Each activity is flexible and can be adapted to your circumstances: whether you live in a big city or a small town, whether you're the parent or the adult child, or however much time you have.

NO EXPERTISE REQUIRED

You don't need to be artistic, adventurous, tech-savvy, or an amazing cook to enjoy these activities. Showing up is enough! One thing to keep in mind: activities later in each chapter generally require a little more planning than the ones at the beginning.

CONVERSATION IS OPTIONAL

The beauty of doing something together is that the activity does the heavy lifting when it comes to conversation. Sometimes it naturally leads to meaningful exchanges. Sometimes you simply talk about the task at hand. It's still talking!

THERE'S MORE...

Use the TOOLBOX. Each appendix is designed for a different purpose, making it easier to find activities that fit your situation.

Try the AI Twists. Every chapter ends with an AI Twist: a playful activity designed to help you discover what a free AI assistant can do. No technical knowledge required.

Go reader, go! Just because.

AUTHOR'S WORD

For years, our family relationships naturally revolved around the roles of parent and child. Those roles served us well (they still do!). But something has changed.

If you felt the impulse to pick up this book, chances are you've noticed it too. For the first time in your relationship, everyone is an adult. The usual scripts are no longer as fulfilling, and nobody handed us the user's manual for that new phase in our lives. I'm hoping this book will offer an actionable playbook to help fill that gap.

I wrote my first guide when I started discovering Toronto with my young kids. When they got too old for family outings, I felt like writing walking guides for my girlfriends. What I want now is to meet my adult children where they are, as the people they're becoming. And I want them to meet me as well. It's a two-way street.

Looking back, I realize I've always written the book I needed.

THE TRAVELLER'S MINDSET

When we always meet in the same circumstances, it's hard to get out of the built-in script.

As the author of self-guided strolls, I've loved pointing out Toronto's urban gems to my readers, but I also had a hidden agenda: I know that great walks lead to great conversations. Why is that? I suspect it's because they take us out of our routine, giving us new things to experience together.

When travelling in a new city, we take nothing for granted. We pay attention. We give ourselves permission to take our time, to indulge ourselves and to be curious.

This book is not a guide. It's an invitation to be curious together, with the help of 210 different activities: curious about your neighbourhood, your city, your home and, most importantly, about one another.

STARTING WITH SHARED INTERESTS

Walking is just one of the fourteen potential shared interests around which this book is built. Browse through the activities. Catch yourself thinking, "I would do that!" Then invite your loved one to try it, just for the fun of it.

Most suggestions are deliberately simple, often activities hiding in plain sight. They don't require expertise, expensive equipment or elaborate planning. And 70% of them are free!

One of the questions I get asked most often is, "Where did you find that?" In my experience, it's all about knowing where to look. That's why my goal is to point you in an interesting direction and then provide you with plenty of prompts to help you figure out the details using the usual suspects: Google Search, Pinterest,

YouTube, social media, Facebook groups, apps and AI.

If you'd like a peek behind the scenes, I invite you to check out **Nathalie's Notebook** at the end of this book. It complements each activity with behind-the-scenes stories explaining why I chose it or pointing you towards interesting resources if you'd like to dive deeper into a topic.

A FEW SHORTCUTS

I didn't want to crowd the activity descriptions. For each one, it is implied that coffee, tea, wine, cocktails, snacks and decadent treats would greatly improve your time together while trying an activity.

I also encourage you to consult the **Toolbox** section at the end of this book. It includes four appendices that narrow down the choices to help you find the activities best suited to different situations.

If even one of these activities helps you discover an unsuspected side of someone you love, my work is done.

A handwritten signature in black ink, reading 'Nathalie' in a cursive script.

Nathalie Prézeau
Author / Publisher

ACTIVITY 7

LEFT-RIGHT RULE WALK

When exploring a new city, part of the fun is not knowing what awaits around the next corner. Let's recreate that feeling of anticipation!

Choose a starting point. Then take turns deciding whether to go left or right. No arguing! Don't overthink it. Who knows what you'll discover around the corner... or not. (If you encounter a dead end, just turn around.)

Whenever something catches your eye, stop and take a closer look. See an alley you hadn't noticed before? Check it out. Come across a giant tree? Give it a hug. If an intriguing shop catches your attention, go in!

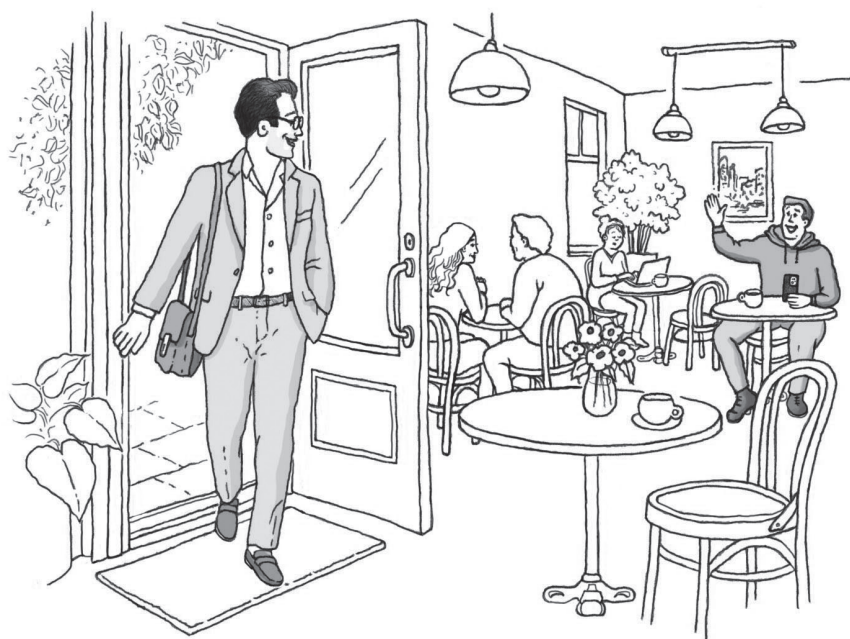
If you want to walk for an hour, set your timer for 30 minutes so you know when to start heading back. You're allowed to take the shortcut on your way back... and to stop at the cute coffee shop you noticed along the way.

Most of us hesitate to walk into a place when we don't intend to buy anything or sit down. It's much easier when you're together. Courage is contagious.

OPTIONAL DETOUR

Let chance take the lead. At every third intersection, flip a coin: heads means left, tails means right. You might get stuck in a loop but persevere, you'll come out of it.

Each of you gets one wildcard per walk. It's your chance to override the rules and choose any direction. Use it for maximum dramatic effect. ("No, we're NOT going that way. There's a thrift shop and we'll get stuck for an hour!" or "Ice cream! We have to stop!")



ACTIVITY 6

SIDE BY SIDE TIME

Time together can simply mean doing your own thing, side by side, ideally in a café, for a change of scenery and a break from the routine. (But your kitchen table is also a good option, especially if there are yummy homemade goodies involved.)

This works well when one (or both) of you has something to get done but still wants to spend time together. (The author's favourite trick to gently convince her brain to cooperate.)

Many activities fit naturally here: journaling, knitting, answering emails, planning the week's meals, even paying bills. All while sipping your hot beverage and occasionally looking up to exchange a comment.

You both take a break to stretch your legs. You discuss the signs on the community board. You order another round of coffee or a treat at the counter, arguing over who's picking up the bill.

Working quietly alongside someone also reveals things that rarely come up in conversation: how they address strangers, how they tackle a task, or what distracts them.

The only challenge is cutting short a potentially good conversation topic. Better save it for later. Got to get back to work because that book won't write itself.

See how much lighter these tasks feel? And you also get to spend time together!

OPTIONAL DETOUR

Find that café you've been meaning to try. Don't park or get off transit too close. You'll sneak in a short walk and a bit of exploring along the way.

Way to feed three birds with one scone!

ACTIVITY 6

JAZZED-UP PICNIC

*Now, here's a timeless one: a picnic!
Something about fresh air makes everything taste better,
doesn't it?*

This one works well for two, but it's even better for four. To make it interesting, ask everyone to bring something savoury, something sweet, one beverage and one surprise item.

You can also set a theme: Parisian picnic, childhood finger foods... Some have even challenged each other by assigning a specific food colour to bring (very Instagrammable). Don't forget a garbage bag!

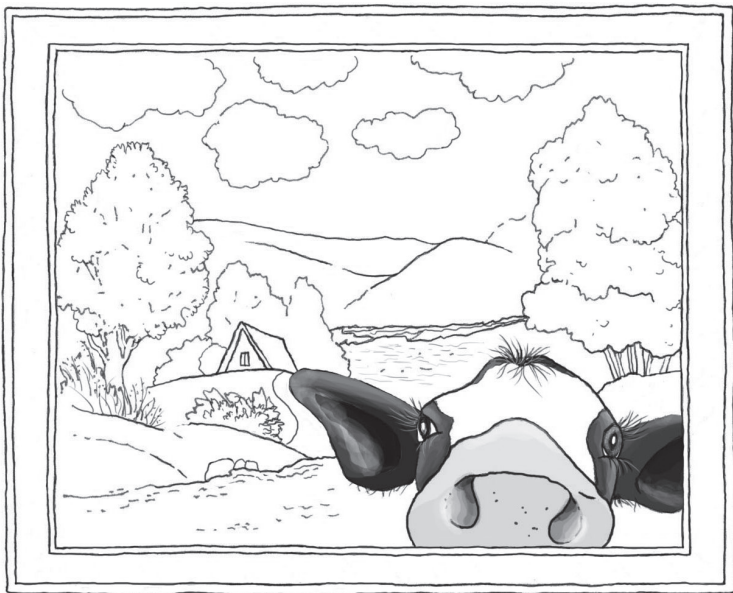
Picnics can happen year-round. In the fall, from the back of a hatchback. In the winter, around a bonfire (sausage on a stick, anyone?). They can even take place in your backyard or on your living room floor during a movie night.

No table manners pressure. This is a great way to see your loved one drop the formalities and relax.

OPTIONAL DETOUR

A (tested and approved) variation: be the one secretly preparing the picnic with cheese, crackers, pâtés, grapes, sweets, water, napkins, a tablecloth, a bottle of wine, and real glasses (yes, this really happened).

Bring everyone to a hidden-gem location, casually remarking what a great picnic spot it would be. Then enjoy their reaction as you start pulling everything out of your backpack.



ACTIVITY 1

PET ROCKS ROCK!

Yes, this is a bit ridiculous. That's precisely the point.

At some point during the pandemic, a kid lined up a few pet rocks along a walking path. It was so oddly charming that people couldn't resist adding their own. Before long, his line grew to over one kilometre, and little rock communities started popping up here and there. Instagram did the rest.

The good news is that thanks to modern acrylic paint pens, what used to require brushes and patience is now surprisingly easy... and addictive.

Go together on a little excursion to pick up a few smooth stones (at the beach, in a park, or even from a garden centre). Share the cost of a basic set of paint pens, sit somewhere pleasant with a beer, and you're ready to go.

The fun builds quickly as you see what the other comes up with. One might choose a minimalist style, the other might go into full storytelling mode with a series of rocks. You can start a themed collection of pet rocks for your garden or a windowsill, or be the one to start a community rock display in your neighbourhood.

There is real pleasure in creating something with almost nothing and leaving behind a small trace of whimsy.

OPTIONAL DETOUR

For inspiration, scan the QR code to access the author's Pinterest board **DIY: R for rocks**. (Yes, she's a big fan of pet rocks). Some people have come up with utterly clever ideas to take this craft to the next level!

Scan me! DIY: R for rocks



ACTIVITY 11

PHOTOBOMB THE PAINTING

Sometimes, activities trend for a simple reason: they're just plain fun. This is one of those.

Head to a vintage or secondhand store and hunt for a cheap piece of art you can “improve”. The goal isn’t to find something beautiful. It’s to find something with potential. Take a moment to discuss it on the spot. A quiet landscape, a serious portrait, a slightly outdated still life... anything that could use a twist.

Then pick up acrylic paint and a small brush and get to work. Add an unexpected element: a cat quietly photobombing the scene, a UFO hovering in the background, or a tiny figure doing something suspicious.

This is visual sarcasm at its best. Before long, you may find yourself building a small tongue-in-cheek gallery at home.

OPTIONAL DETOUR

Take photos of your creations and turn them into blank greeting cards. For a memorable Secret Santa gift, pair one with the artwork you transformed.



One afternoon, I joined a collage workshop led by an artist. It turned out to be wonderfully meditative. Since no particular artistic talent was required, there was very little at stake for my ego.

(Excerpt from **Nathalie's Notebook**, about Chapter 5, Activity 10)

ACTIVITY 15

AI TWIST TO CREATE YOUR COLOURING BOOK

*Adult colouring has quietly become a thing,
and with this activity, it's getting personal.*

Take a few favourite photos: family moments, a recent party, a garden, travel souvenirs and upload them to an AI image generator to turn them into simple line drawings. A prompt such as “Convert this photo into a clean black-and-white colouring page” usually does the trick. You’ll get a kick out of seeing people you know turned into cartoons.

You can ask AI to make any changes you fancy: a new background, a different pattern on a shirt, longer hair, an added accessory, a vintage style, a preschooler version, or a more intricate drawing.

Once you’re happy with the image, print it on quality paper and bring it to life with coloured pencils or markers (perfect while listening to a podcast).

Then simply apply the same style prompt to more photos for a cohesive colouring book. On free versions of AI tools, there’s usually a daily limit on image requests, so completing your colouring book may take a few days.

Punch three holes along the edge and bind the pages together with ribbon for an extra handmade touch.

Corny... yet very satisfying.

OPTIONAL DETOUR

Turn it into a shared activity at a family gathering. Make several copies of a family photo from a previous party, turned into a colouring page, so everyone can colour their own version. It’s fun to compare the results.

Then surprise each person with a colouring book made from cartoon versions of photos from that same party. Make sure every family member appears at least once. This beats any store-bought gift!

ACTIVITY 1

CLOSET ANTHROPOLOGY

*Do you even remember what's in your closet?
When was the last time you ventured to the back of it?
Time to recruit the moral support of your loved one
and dig in!*

This is a silly activity to do before a serious decluttering.

Put on your Indiana Jones hat and treat the closet like an excavation site. Pick up each piece as if it were an artefact. Each item has a story. Skip the boring ones ("I got it on sale at Winners.") and go straight for the juicy bits ("How deep was that neckline?")

Dive in to find the oldest piece in the closet. The most expensive. The one you couldn't do without. Some items will feel like time capsules. Others will reveal milestones: jobs, trips, fashion phases, versions of yourself that have quietly folded away.

You might get lucky and fall in love again with a forgotten treasure (which feels like "shopping" in your own closet, without the expense!)

This is far more entertaining than it has any right to be... as long as we avoid the sobering question: "Does it still fit?"

OPTIONAL DETOUR

Pick one item you've kept for no clear reason. Challenge each other to make it wearable again. Can you adapt it to today's style? Maybe you could take it to a tailor to shorten it? You will find many thrifters online who have found unexpected ways to wear and style basic clothes to give them new life.

If you end up with a chic outfit, find an occasion to wear it and commit to going together. Enough with the "all dressed up with nowhere to go" attitude.



ACTIVITY 1

50 SHADES OF GREEN

*Green is green is green, right?
Unless you decide to get close enough to discover
how endlessly intricate nature's creations really are.*

Your mission is simple: go on a photo hunt together and collect as many shades of green as you can. The trick is to think like visual artists rather than landscape photographers.

Get close. Very close. Weeds, leaves, flower stems, pond algae, climbing ivy, grocery-store herbs. (Greenhouses in the winter are fantastic for this activity.)

Compare your shots: “We already have three olive greens, but no deep emerald yet.” Observe the details in one leaf, with veins branching like rivers. Its silver underside. Nothing is too mundane to be interesting.

The real appeal here isn't nature appreciation per se. It's the thrill of feeling your own attention sharpen in real time.

OPTIONAL DETOUR

Feeling crafty? Once back home, turn your photos into a mosaic-style artwork. You can print them on a personal printer, use a photo lab, or create a digital collage.

Feeling ambitious? Print fifty 4 x 6-inch photos and arrange them in a 5 x 10 grid to create a striking 30 x 40-inch (75 x 100 cm) patchwork piece. Random arrangements work beautifully. So do gentle gradients, from pale sage to deep forest green.



CHAPTER 13

PURPOSE PATH

Small ways that matter

We can add meaning to our lives in many small ways. No need to wait until you have time to tackle a big cause. This chapter aims to help you better use your zone of influence. Between the two of you, you already possess a wealth of knowledge, skills, experiences, interests, and life lessons. The challenge is noticing what is already there and putting it to good use. It's fun and rewarding to occasionally step outside ourselves to make someone's life a little better.

1. **Urban Kindness**
2. **Nice Catch!**
3. **But Why?**
4. **What Stuck?**
5. **What Do You Mean?**
6. **Think Smaller**
7. **The Other News**
8. **Give It a Boost**
9. **Put Us to Work!**
10. **Good Deeds for Fun**
11. **Been There, Pick Our Brains**
12. **Worth Sharing**
13. **Towards the Mountain**
14. **Let's Do This!**
15. **AI Twist for Finding Your Hidden Assets**

ACTIVITY 10

GOOD DEEDS FOR FUN

*When you hear the word volunteering, what comes to mind?
Many people associate it with a long-term commitment,
specialized training, or emotionally difficult situations.
In reality, there are countless fun ways to help that are
light, creative, and social.*

Start by making a list of your combined hobbies, interests, and favourite activities. Don't be modest. Between the two of you, what do you know how to do?

Then look for a local organization that would appreciate your particular set of skills. Perhaps a seniors residence needs help with its seasonal decorations. A community centre could use a few extra hands with their landscaping. A church, school, or cultural group may need practical help organizing a fundraising contest or managing its social media.

Above all, be engaging and a bit silly with the folks you meet. After all, helping people have fun is also a great contribution.

Fun volunteering together definitely creates a different kind of bond than the usual dinner and a movie.

OPTIONAL DETOUR

On a more crafty note, ask yourself: "What could we create that others would enjoy?" Then contact the people responsible for community outreach to communicate your interest. Maybe it's handmade table centrepieces for a community centre. Decorative planters. A photo display. A beginner technology workshop. A themed activity for a seniors' residence.

ACTIVITY 10

COOKING UP STORIES

*One day, someone may ask,
“Do you still have Grandma’s donut recipe?”
It would be remarkably satisfying to be able to answer,
“Yes, I do!” and know exactly where it is.*

For this activity, gather all the family’s go-to recipes to create a unique cookbook. Your father’s spaghetti sauce (the only thing he ever cooked). Your sister’s caramel sauce (that you would both eat straight from the pot).

If you have access to handwritten recipe cards or notebooks, scan them and include them as images. Even better if they’re dog-eared, stained, and splattered from years in the kitchen. They’ll add character and texture to the family cookbook.

While reading your aunt’s letter to your mom, you might discover (true story!) that, when sharing her traditional fruitcake recipe, her instructions said to “feed the cake, and the cook, cognac every week”.

Include photos of the dishes or the parties where they were served. Don’t stop there. Find out where the recipe came from. Who taught it to you? Was it reserved for special occasions? What shortcuts did you secretly take? How did you “improve” it? These little details can be added as footnotes throughout the book.

Let the most tech-savvy of you create a template for the recipe pages (using Canva, Word, Google Docs, or PowerPoint) and lay out the cookbook. It can then be printed, shared as a PDF, stored online, or all three.

To celebrate your progress, choose one recipe from the collection and make it together. Then enjoy the meal while remembering the people who helped fill your family table over the years.

A family recipe book is not just a compilation of the family’s absolute favourites. It’s the sweetest way to remember the person behind each recipe, and the not-so-secret ingredient they all share: love.

OPTIONAL DETOUR

To take your family cookbook to the next level, use the simple technology of QR codes to add video clips to your recipes!

Film a short video of a family member explaining the recipe, demonstrating a technique, or simply sharing a favourite memory about this dish. Upload the clip to your personal YouTube account and set it to unlisted. Copy the video's URL and paste it into a free QR code generator.

You will be able to download the resulting QR code as an image and add it to the pages of your cookbook like any other picture. Anyone who scans the QR code will be able to watch the clip.

How cool is that?

TOOLBOX

Your practical companion

The activities in this book are organized around fourteen chapters of interests you might share with your loved one. The TOOLBOX offers a little extra help in choosing the activities that might work best in specific circumstances.

Appendix A: GENTLE INVITATION could be helpful if you suspect your loved one might need a bit of encouragement to join you in trying one of the activities. The first one is the hardest!

Appendix B: MONEY WELL SPENT reminds you that 70% of the activities are actually FREE. It also offers practical money-saving tips you can apply throughout the book.

Appendix C: APART AND TOGETHER points you toward activities that work when two people don't live in the same city.

Appendix D: BEYOND THE TWO OF YOU is a reminder that the suggestions in this book can be enjoyed well beyond adult children and their parents. Most will work for any adults who want to get out of their routine and do something different with friends, family, or visitors.

TOOLBOX: APPENDIX A

GENTLE INVITATION

If flipping through this book got you excited about a few activities to try with your loved one, but your immediate next reaction was to think, “But he will never want to do this...”, or “She’s way too busy to have time for this...”, read on!

My tech-savvy half-sister was an early adopter of AI. From the beginning, she tried to introduce me to ChatGPT. I resisted. But one day, while she was visiting me in Toronto, she casually taunted me: “Look what it said about our dad.”

I got curious. What could it really gather about him? Our dad has been gone for twenty years, long before he could leave much of an online footprint. Then she showed me. And I was hooked, thanks to the surprising quality of the facts AI could tell about our late father.

Her gentle invitation convinced me to try something new. It also allowed us to discover, by comparing notes, how differently two generations can use AI. We’ve been learning from each other ever since.

If you want to take the initiative, here are five tips to help you get your loved one on board.

Shift the focus away from them

Don’t make it about them, it makes people feel self-conscious. Make it emotionally safe by focusing on a shared interest. This is exactly what my younger sister did by making it about our dad!

Two examples:

- **CHAPTER 4, Activity #2**
Series Rituals
It’s all about the scenes, the actors, the mistakes, the subtleties...
- **CHAPTER 8, Activity #4**
For the Rainy Days
Sometimes all it takes is a simple new game to fight boredom.

Start with something familiar

Build on something your loved one already enjoys or already does. Then just put a little twist on it, to see it with fresh eyes.

Two examples:

- **CHAPTER 2, Activity #2**
Feel the Rhythm
Do you know what their favourite music is these days?
- **CHAPTER 5, Activity #8**
Scrabble, Your Rules
Perfect when you don't feel like keeping score and just want to play!

Make it something you'll discover together

The activity becomes a shared adventure rather than a lesson. It starts with anticipation: "I wonder what we'll find."

Two examples:

- **CHAPTER 1, Activity #2**
On the Lookout
Go on a mission to find the best view while getting a bit of fresh air.
- **CHAPTER 7, Activity #8**
Find Your Annual Tribe
Go see in person what other humans do for fun.

Keep the first step small

No big commitment. Choose something that requires almost no preparation or planning. Make it easy to say yes.

Two examples:

- **CHAPTER 9, Activity #8**
A Small Step for Humanity
Do you think both of you cover the same distance in 100 steps?

- **CHAPTER 13, Activity #6**

Think Smaller

Two heads are better than one when looking for the simplest way.

Let the activity do the work

Many activities come with their own conversation built in, naturally inviting an exchange of observations or comments about the task at hand.

Two examples:

- **CHAPTER 10, Activity #10**
Accidental Scientists
Get a little nerdy, in a fun way, on your next nature outing.
- **CHAPTER 14, Activity #1**
Popeye or Pokémon?
Reminisce together about the childhood favourites that shaped each generation.

NATHALIE'S NOTEBOOK

My goal with this section was simply to share a few behind-the-scenes stories about what inspired me to choose each activity.

Nothing lives in a vacuum!

About the cover

I was thrilled when I came up with the idea of a lively conga line for the cover of this book! **Johanne Pepin** has illustrated the covers of all my books, and her simple style was perfect for the silly fun of an inclusive conga line. She even included **Ally**, her sister's dog, in the drawing. It's one of a few Easter eggs we added, purely for our own enjoyment...

CHAPTER 1

1. I resisted hopping aboard a double-decker tour for a long time. I finally gave in when some visitors came to town, very keen on checking it off their bucket list. I discovered that the Hop-On Hop-Off bus tour in Toronto included a 45-minute Harbour & Islands Cruise! Quite a fun way to see my town! Never again did I underestimate my city's tourist attractions.
2. At one point, tall hotels started popping up, and the CN Tower was no longer the only way to get above it all. Now, I send everyone to KOST, the restaurant on the 44th floor of the Bisha Hotel (80 Blue Jays Way, Toronto), for breakfast with a view!
3. As I was writing this book, my daughter told me about the colour hunting trend. I looked it up and fell in love with the idea.
4. The first time I joined a Jane's Walk,

I had already published a walking guide. I thought it would be fun to see how they did things while logging my steps at the same time. I joined an architecture tour. Then I quickly realized we would be stopping for 15 minutes at every block and that it was not a "walking" tour after all. My "why" for doing this tour had nothing to do with learning about buildings. I just wanted to walk, differently. But that's me. You certainly have your own criteria to take into consideration.

5. I knew every culture had its own music. When I tested the idea of taking a musical world tour on Spotify, I never expected to find good music from every country on Earth on the platform. I'm still working on a Spotify playlist featuring music from every country, in alphabetical order. I was on Country #85 at the time of writing this book and plan to get back to it soon.
6. You know how the shoemaker's children go barefoot? Well, that was me a couple of years ago. After a trip to Las Vegas, I discovered that some amazing videographers had made it their mission to create Top 10 videos for every possible aspect of the trip I had just taken. I started looking for the equivalent in Toronto and found so many of them. I made a mental note to do exactly what I am suggesting in this activity the next time I travelled.

